

Allergens / Food Restrictions

IMPORTANT INFORMATION - PLEASE COMPLETE THE FOLLOWING

Parts A, B and C of this form are to be completed by the primary caregiver of attending students, or by visiting adults in respect of themselves, who have specific dietary requirements due to:

- Food related medical conditions
- Identified food allergies / intolerances
- Food restrictions

For school students, the need for this form to be completed and returned will have been noted in the information provided on the *Medical Information and Consent* form issued by the school. This form is to be returned directly to the student's school along with other documentation requested by the school.

A copy of this form will be given to the Birrigai Catering Team who will use the information provided to ensure all specific dietary needs are met.

NOTE: BIRRIGALIS A NUT FREE ENVIRONMENT

NAME OF STUDENT / INDIVIDUAL	
SCHOOL / GROUP	Chapman Primary School - Year 5
DATES ATTENDING BIRRIGAI	Tues 5 - Wed 6 March 2024 - Term 1 Week 6
Name of person completing form	
Signature	
Date completed	

PART A – FOOD RELATED MEDICAL CONDITIONS

PLEASE PLACE AN [X] WHERE RELEVANT TO INDICATE IF THERE IS AN EXISTING MEDICAL CONDITION.

Medical Cor	ndition	Additional Details
Anaphylaxis	Yes	
Coeliac	Yes	
Diabetic	Yes	
Any other food	Yes	Please list below
related medical conditions		1.
		2.
		3.

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BIR-CAT-001 – Allergens / Food Restrictions List – March 2023 v1.8



NAME OF STUDENT / INDIVIDUAL	

PART B – FOOD ALLERGIES AND ANAPHYLAXIS

Food Item	Allergy / Intolerance		Anaphylaxis		Allergen / Intolerance Details / Other Comments		
Nut Allergy	Yes		Yes □	No			
Gluten	Yes		Yes □	No			
Dairy	Yes		Yes 🗆	No		Please select milk alternative if appropriate Note: nutbased milk is NOT permitted	□ Lactose Free□ Soy□ Rice□ No alternative
Eggs	Yes		Yes 🗆	No			
Sesame	Yes		Yes □	No			
Soybean	Yes		Yes □	No			
Seafood	Yes		Yes □	No			
Any other known	Yes	Yes Please list below			Anaphylaxis		
foods which may cause an allergic or	1.					Yes □ No □	
anaphylactic reaction	2.					Yes □ No [
to the person listed on this form	3.					Yes □ No □	

PART C – OTHER FOOD RESTRICTIONS

PLEASE PLACE AN [X] WHERE RELEVANT

FOOD ITEM	CAN THIS FOOD BE EATEN	Other Comments
Beef	Yes □ No □	
Chicken	Yes □ No □	
Pork	Yes □ No □	

DO EITHER OF THE FOLLOWING OPTIONS APPLY?

Vegetarian	Yes	□ No □	
Vegan	Yes	□ No □	

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